

# Brackenbury Sports Centre



01394 270278

enquiries@brackenburysportscentre.co.uk

## Opening Times

Monday – Friday 10.00am – 10.30pm

Weekends 10.00am – 6.00pm



## General Activities

You don't have to be a member of a club to use the facilities at Brackenbury Sports Centre.

If you'd rather just play a casual game with some friends, there's plenty of opportunity to do just that.

Choose from badminton, squash, tennis, football, carpet bowls, table tennis or any other sport we can accommodate.

### Sports Hall (per hour)

Adult Badminton Peak

£8.80 Coastal Card Holders

£11.00 Non Coastal Card Holders

### Adult Badminton Off Peak

£4.00 Coastal Card Holders

£5.00 Non Coastal Card Holders

### Junior Badminton Peak

£7.55 Coastal Card Holders

£9.40 Non Coastal Card Holders

### Junior Badminton Off Peak

£4.00 Coastal Card Holders

£5.00 Non Coastal Card Holders

### Squash – Per Court

60mins – during day time hours and weekends

40mins – during peak hours

### Adult Squash Peak

£7.55 Coastal Card Holders

£9.40 Non Coastal Card Holders

### Adult Squash Off Peak

£4.00 Coastal Card Holders

£5.00 Non Coastal Card Holders

### Junior Squash Peak

£6.00 Coastal Card Holders

£7.50 Non Coastal Card Holders

### Junior Squash Off Peak

£4.00 Coastal Card Holders

£5.00 Non Coastal Card Holders

### Peak Times

Monday to Friday – 5.00pm to 9.00pm

### Off Peak Times

Monday to Friday – 10.00am to 5.00pm & 9.00pm to 10.30pm & Weekends

# Junior Activities

## Holiday Activities

We offer a variety of children's activities during the holidays at Brackenbury Sports Centre. Come along and take advantage of our dryside activities such as Squash, Badminton, Tennis, Table Tennis, Trampolining and Gymnastics. Along side these we also offer day courses in Basketball, Football, Archery and Dancing. For more information, pick up a holiday activities flyer from reception.

NB – Normal programme will run in conjunction with the above.

## Birthday Parties

Let us take the stress out of your child's birthday and choose from one of our options.

### Cheek Monkeys and Bouncy Castle

Bouncy castle with soft play equipment and toys.

Age suitability: 2 – 6

Number of children: maximum 20

### Mix & Match

Trampolining and party games

Recommended for larger parties.

Age suitability: 6+

Number of children: maximum 20

### Sports Crazy

A selection for sports based activities to be played in our sports hall. These include Football, Basketball, Cricket and many more to choose from.

Age suitability: 5+

Number of children: maximum 14

### Bouncing Bash

Trampoline party, with coaching and games

Age suitability: 5+

Number of children: maximum 10

### Fit and Fun

Team related running activities, as well as parachute games. Includes a leisure assistant to coordinate games.

Age suitability: 8+

Number of children: maximum 20

Parties for all age groups include an hour playing your favourite sports and games and then adjourn to our private party room for food. We'll provide all the necessary equipment and even a party organiser for an additional fee – you provide the children and the food!

Pick up a copy of our party leaflet for further details.



# Trampoline Courses

Here at Brackebury we offer the very best Trampoline coaching for children and adults from the ages of 2 years and upwards. Classes are structured on a course basis, which will enable you or your child the opportunity to develop through the British Gymnastics syllabus and earn badges and certificates on your way!

The centre is a British Gymnastic Proficiency Centre which means that you can be sure that your child is getting the very best tuition in a safe and professional environment.

Our courses run all throughout the week and we can cater for any age and ability so please give us a call at the centre to find out more on 01394 270278, or you can email us – [enquiries@brackeburysportscentre.co.uk](mailto:enquiries@brackeburysportscentre.co.uk)



# Gymnastic Courses

The centre is a registered British Gymnastics Proficiency Centre which means that you can be sure that the coaches are very well qualified, and that the centre offers the very best environment for you or your child to learn in.

We offer Gymnastic courses all throughout the week, as well as an Advanced Club, which if you are talented and committed enough, you may be able to progress into. The courses run throughout the week, and there are sessions at the weekend too. The courses cater for children from 3 1/2 years and upwards.

Prices (for 10 weeks)	Coastal Card Holder	Non Coastal Card Holder
Trampolining	£41.00	£51.00
Gymnastics (90 mins)	£64.00	£80.00
Gymnastics (60 mins)	£43.00	£54.00
Proficiency Fee	£2.10 per course	



## Drop in Sessions

Brackenbury also offers a range of drop in sessions for children of all ages and abilities.

### The Cheeky Monkeys Fun Hour

An opportunity for 1-5yr olds to come along and join in the fun and games, whilst developing their social skills.

Tuesday 2.00pm – 3.00pm &  
Thursday 10.00am – 11.30am.

Tuesday £2.75 and Thursday £3.10 per session, parents must stay in attendance.

### Trampolining for all

Come along and enjoy a 'bounce' under fully qualified instruction. A great way to keep fit and have fun at the same time. Don't worry if you've never tried it before, it's never too late to have a go.

Limited spaces and pre-booking conditions apply.

	Coastal Card Holder	Non Coastal Card Holder
Children	£4.10	£5.10
Adult	£4.80	£6.00

Saturday mornings 9.30am and 10.30am

### Basketball

An excellent opportunity for all keen basketball players to come along and receive expert coaching in a relaxed environment.

Boys and girls welcome – school years 7, 8, 9 & 10. Fully qualified coaches in attendance. Tuesday 4.30pm – 6.00pm

### Prices

Price = Coastal Card Holder £3.10  
Non Coastal Card Holder £3.80

### Tots Tennis

Tots Tennis is a brand new Parent & Toddler session specifically designed for children from 2-6 years of age. It's a fun and easy way for kids to learn the fundamentals of Tennis at an early age (fully qualified coach in attendance).

Tuesday 9.30am – 10.15am  
Price = £3.50 per session  
Pre booking is required.

\*All sessions are subject to change

# Adult Activities

## Prime Time

A 50+ activity session catering for people in the 'prime of their lives'. Come along and enjoy a friendly game in a relaxed environment.

Choose from badminton, table tennis, carpet bowls, mini-tennis and lots more.

Wednesday 10.00am -12.00pm

Friday 10.00am – 12.00pm.

(includes refreshments)

**Coastal Card Holder £3.30,**

**Non Coastal Card Holder £4.10**

## Adult Trampolining

Casual activity sessions for adults under fully qualified instruction. Come along and enjoy the fun and relaxing atmosphere in which to improve fitness and flexibility.

Thursday 8.30pm-9.30pm, Saturdays 9.30am and 10.30am (open to all ages).

Limited spaces available.

(Pre-booking conditions apply)

**Coastal Card Holder £4.80,**

**Non Coastal Card Holder £6.00**

## All Weather Pitch

Our all weather pitch is available for a variety of sports including tennis, netball, basketball and 5-a-side football.

	<b>Coastal Card Holder</b>	<b>Non Coastal Card Holder</b>
Tennis (peak)	£7.45	£9.30
Tennis (off peak)	£4.00	£5.00
Netball (full court)	N/A	£14.10
Netball (half court)	N/A	£7.00
5-a-side (full court)	N/A	£25.00
5-a-side (half court)	N/A	£15.00

## Squash

60mins - during day time hours and weekends

40mins - during peak hours

### Adult Squash Peak

£7.55 Coastal Card Holder

£9.40 Non Coastal Card Holder

### Adult Squash Off Peak

£4.00 Coastal Card Holder

£5.00 Non Coastal Card Holder

### Squash Leagues

Squash Leagues run every month at Brackenbury Sports Centre and cater for all levels and abilities.

The squash leagues are free to join and can be a great way to meet new players. To join the leagues please contact reception.

## Fitness Classes

We have a good array of classes suitable for beginners up to the advanced exerciser. Please contact reception to find out more, and to pick up a timetable.



## Training and Meeting Room Hire

Do you need a venue for your training session or meeting? Brackenbury has the answer.

An ideal venue that can accommodate a maximum of 15 people in conference style. Kitchen facilities are available to make your own tea and coffee. Buffet lunches can be organised if required.

To organise a tour of the facilities please contact the General Manager.

